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| **RESULTS Sport: Running** | | | |
| **Event:** | **Age Group:** | **Name/Team Name:** | **Medal:** |
| 5KM Run | F30-39 | Rebecca Jones | Gold |
| 5KM Run | F40-49 | Dayna Wallace | Gold |
| 5KM Run | F40-49 | Lisa Furness | Silver |
| 5KM Run | F60-64 | Caroline McCrea | Gold |
| 5KM Run | F70+ | Carey Dickason | Gold |
| 5KM Run | F70+ | Jen Hopkins | Silver |
|  |  |  |  |
| 5KM Run | M30-39 | Barney Hoskins | Gold |
| 5KM Run | M30-39 | Iain Warren | Silver |
| 5KM Run | M30-39 | Rowan Ingpen | Bronze |
| 5KM Run | M40-49 | Seb Bacchus | Gold |
| 5KM Run | M40-49 | Clayton Murray | Silver |

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| 5KM Run | M55-59 | John Kennedy | Gold |
| 5KM Run | M70+ | Paul McLachlan | Gold |
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| 5KM Walk | F40-49 | Bronwyn Gilchrist | Gold |
| 5KM Walk | F50-54 | Amber Goedhart | Gold |
| 5KM Walk | F55-59 | Janemarie Knight | Gold |
| 5KM Walk | F55-59 | Sarah Rowse | Silver |
| 5KM Walk | F55-59 | Sharon Giles | Bronze |
| 5KM Walk | F55-59 | Fiona Hood |  |
| 5KM Walk | F65-69 | Jennifer McLachlan | Gold |
| 5KM Walk | F65-69 | Kathy Smith | Silver |
| 5KM Walk | F70+ | Yvonne Watson | Gold |
| 5KM Walk | F70+ | Roberta Marshall | Silver |
| 5KM Walk | F70+ | Shirley Jack | Bronze |

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| 5KM Walk | F70+ | Margie Silich |  |
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| 5KM Walk | M65-69 | Gerard McCrea | Gold |
| 5KM Walk | M70+ | Wallace Jack | Gold |
| 5KM Walk | M70+ | Malcolm Silich | Silver |
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| 10km Run | F65-69 | Robyn Richards | Gold |
|  |  |  |  |
| 10km Run | M30-39 | Liam Scott | Gold |
| 10km Run | M30-39 | Iain Warren | Silver |
| 10km Run | M30-39 | Rowan Ingpen | Bronze |
| 10km Run | M70+ | Brian Mitchell | Gold |
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