South Island Masters Athletics Programme

Sunday 4th October, Trust Aoraki Athletics Track, Timaru

Draft Programme

Listed times may change slightly depending on entry numbers.

Track Programme		**Field Programme**
10am	3000m & 3000m race walk	Long Jump
10:30am	100m	Triple Jump and Discus
11am	800m	High Jump
11:45am	400m	Shot Put
1pm	200m	Hammer
1:30pm	1500m	Javelin